

# Walk with the Lynn View Mile-agers



**Please join us at the Lynn View Community Center, Monday, August 10th at 8:30 a.m., as we kick-off a new Senior walking program the Mile-agers. The track has been newly resurfaced and is ready for our new program. Find out how to join and use Healthy Kingsport's walking tracker app (please bring your smart-phone, I-pad, or other device). We will be presenting all the benefits of joining this new Senior walking group including various incentives. You don't want to miss this meeting come walk a mile or so with us!**